

STEPS FOR RECOVERY

Are You Struggling With An Addiction To Drugs Or Alcohol?

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Freedom Laser Recovery may help free you from your addiction.

Established in April 2003, Los Angeles, California based Freedom Laser Therapy has helped thousands of smokers overcome their nicotine addictions. Freedom Laser Therapy's quit smoking program has received media coverage on over 100 news networks and has been featured on numerous television shows. In March 2009, Freedom is pioneering a new addiction laser therapy treatment program and will be licensing it worldwide. The global launch of Freedom's new addiction program is being branded under the name, Freedom Laser Recovery. The Freedom Laser Recovery Program is a non-invasive, painless, and drug free approach for treating drug and alcohol addictions, a treatment process virtually unknown in the United States to addiction sufferers. This low-level laser therapy procedure will be conducted under a nationwide clinical research trial, which is overseen by an independent Institutional Review Board (IRB). The purpose of the study is to learn the laser therapy procedure's safety and effectiveness, as it relates to addictions. The FDA has already deemed low-level laser equipment as "non significant risk devices". This exclusive addiction treatment program will only be available to healthcare professionals throughout the world.

The laser therapy program is a modern form of an energy based addiction treatment, which has been successfully pioneered by Canadian Laser Therapist & Clinical Counselor George Lucio, which was applied during his 23 years of clinical application using low-level lasers. Lucio assisted Freedom in the program's development by providing his extensive knowledge in the field of behavioral sciences and clinical experience to detail a specific drug and alcohol addiction protocol. Lucio is also the co-creator of the Freedom Laser Recovery's audio therapy program, and he narrates the addiction treatment video.

There are various treatments for drug and alcohol addiction, but thus far most receive low to moderate results aiding individuals in conquering their addictions. Drug & Alcohol Addiction Laser Therapy operates on the same principles as acupuncture. Stimulating specific acupuncture points on the hands, face, ears and wrists creates an endorphin release, which is intended to help alleviate drug & alcohol withdrawal symptoms. The endorphin release can cause a person to relax as they are detoxifying from the addictive substance or substances. Once the person overcomes their physical withdrawals, it becomes easier to cope with the psychological aspects of defeating their addiction. Common symptoms that the laser therapy procedure can help overcome are withdrawal, stress, depression, insomnia, anxiety, nervousness, agitation, hostility, irritability, fatigue nausea, shakiness, headaches, cravings, fatigue, and loss of appetite,

Freedom Laser Recovery is an outpatient program, which allows our clients the ability to conduct their day-to-day lives without being consumed by their addiction. This is not a group oriented treatment program. Our viewpoint is that addiction is a personal experience whereby the subject entered into their addiction on their own, and must get out of it on their own. Each client is provided the resource "laser therapy" to help alleviate physical withdrawal, and the Freedom Laser Recovery psychological training and education is crucial in the process for conquering their substance abuse problem. By the time the client completes their Freedom Laser Recovery treatment process, they should have a solid understanding of how drug and alcohol addictions create physical and psychological dependence.

Our belief is that the strongest willed person can become addicted to any narcotic, if they use long enough and hard enough. Addiction affects all walks of life from doctors, lawyers, teachers, judges, preachers, housewives, entertainers, homeless, college students, youths, and countless others. The Freedom Laser Recovery program does not follow a 12-step method where by a person needs to declare that they are powerless over their addiction, as well as believe a higher power can provide them strength to free them from their addiction. Furthermore, Freedom Laser Recovery does not adhere to the theory that addiction is a disease. Substance abuse affects everyone and has no boundaries. The key to overcoming an addiction is to first fully understand how they occur, and then learn the psychological tools on how to avoid ever using the addictive substance again.

Addiction is used in many contexts to describe an obsession, compulsion, or excessive physical or psychological dependence. An addiction is a characterized as a state in which the body relies on a substance for normal functioning and develops into physical and physiological dependence. When the drug or substance which a

person is dependent on is suddenly removed, it will cause immediate withdrawal symptoms. Addiction is generally associated with increased tolerance to the substance. Additional dosages or amounts are needed in order to obtain the same euphoria or feeling of high.

If you have become dependent on drug or alcohol, you are not the first, nor the last. Others have been successful at getting off drugs or alcohol, and so can you. Withdrawal from drugs or alcohol can be difficult and challenging, but with the advancement of low-level lasers, withdrawal and cravings can be minimal, and in some cases non-existent. This exclusive Freedom Laser Recovery program involves a preprogrammed neurostimulation laser, which triggers the brain to produce its own natural opiate substitutes to overcome withdrawal and cravings. The usage of laser is intended to induce an endorphin release causing a feeling a well being which can help reduce stress during the crucial detoxification period. Behavior modification techniques are taught through relaxing educational and therapeutic videos discussing all aspects of addiction. The series of videos are watched during the therapy session to aid in overcoming the psychological dependency. In addition, the client is provided with a vitamin and antioxidant program to support the body as it heals. After the initial client intake, each follow-up visit lasts approximately 30-minutes. In most cases, only 6-10 sessions are recommended to break the addiction.

Freedom Laser Recovery is an exclusive personalized addiction treatment program, which is intended to help alleviate the physical need for drugs and alcohol, at the same time teaching the client how to remain abstinent from the substance they are addicted to. Addiction can turn into a very serious problem; it can become financially devastating and ultimately life threatening, our goal is to provide our clients with an array of vital resources to free them from their addiction.